



2023 Lake Roosevelt Middle School Wrestling Schedule

#	Day	Date	Place	Team
1	Fri	Jan. 13	@	Liberty Bell
2	Tue	Jan. 17	@	Okanogan
3	Wed.	Jan. 25	@	LR
4	Wed.	Feb. 1	@	Liberty Bell
5	Wed.	Feb. 8	@	Oroville
6	Wed.	Feb. 15	@	Tonasket
7	Wed.	Feb. 22	@	Omak
8	Fri.	Feb. 24	@	Tonasket

Practice starts January 2

10 contests + jamboree

Need 8 Practices

Regular Start times: 5PM

Names and weights are sent to host school on the Monday
prior to the meet.