

Indigenous Foods

Educational Resources

GETTING STARTED

Food Sovereignty, Ted Talks Valerie Segrest - [video](#)

Food Sovereignty, Gather Film - [gather.film](#)

Indigenous Food Systems - [natifs.org](#).

Feed 7 Generations - [feed7generations.org](#).

RESOURCES

Native Plants & Foods Institute - [nativeplantsandfoodsintitute.com](#)

What Exactly is Food Sovereignty? - [Illuminative Resources](#)

Traditional Food Principles - [WeRNative.org](#).

Seasonal Round - [Resources](#)

The Plants of Your Place - [WeRNative.org](#).

Tend, Gather & Grow - [Toolkit Resources](#)

Native Food & Medicine Producers - [Producers, Recipes, Resources](#)

BOOKS

Indigenous Home Cooking - [Link](#)

Feeding 7 Generations, A Salish Cookbook - [Link](#)

Salish Country Cookbook - [Link](#)

The Sioux Chef's Indigenous Cooking - [Link](#)

